



Walk in the Spirit

AS TAUGHT BY

CHERYL BRODERSEN

DEVOTIONAL STUDIES FROM GALATIANS AND EPHESIANS

Walk in the Spirit
Devotional Studies from Galatians and Ephesians

Copyright ©2013 by Cheryl Brodersen

Published by Back to Basics
a resource ministry of Calvary Chapel of Costa Mesa
3800 South Fairview Road
Santa Ana, CA 92704

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form by any means, electronic, mechanical, photocopy, recording, or otherwise, without the prior permission of the publisher, except as provided by USA copyright law.

First printing, 2013

All Scripture quotations, unless otherwise indicated, are taken from the New King James Version. Copyright ©1982 by Thomas Nelson, Inc. Used by permission. All rights reserved.

Scripture quotations marked NLT are taken from the Holy Bible, New Living Translation, copyright © 1996, 2004, 2007 by Tyndale House Foundation. Used by permission of Tyndale House Publishers, Inc., Carol Stream, Illinois 60188. All rights reserved.

Scripture quotations marked HCSB are taken from the Holman Christian Standard Bible®, Copyright © 1999, 2000, 2002, 2003, 2009 by Holman Bible Publishers. Used by permission. Holman Christian Standard Bible®, Holman CSB®, and HCSB® are federally registered trademarks of Holman Bible Publishers.

Special thanks to the proofing team, the support board, the leaders and assistants, and to all the wonderful ladies who faithfully attended the Joyful Life Bible study.

Cover layout and design by Kristine Lacanlale.

Editing and internal layout by Romy Godding.

Map courtesy of EntertheBible.org. Used by permission.

ISBN: 978-1-59751-944-1

Printed in the United States of America.

CONTENTS

1.	<i>The Authority of Our Call</i>	<i>Galatians 1:1–5</i>	5
2.	<i>The Power of the Gospel</i>	<i>Galatians 1:6–24</i>	15
3.	<i>Fear vs. the Gospel of Jesus Christ</i>	<i>Galatians 2:1–21</i>	25
4.	<i>The Superiority of Faith</i>	<i>Galatians 3:1–29</i>	37
5.	<i>Christ Is Fully Formed in You</i>	<i>Galatians 4:1–20</i>	49
6.	<i>Daughters of Sarah</i>	<i>Galatians 4:21–31</i>	61
7.	<i>The Fruit of the Spirit</i>	<i>Galatians 5:1–26</i>	71
8.	<i>The Attitude of the Spirit</i>	<i>Galatians 6:1–18</i>	81
9.	<i>Grace and Peace</i>	<i>Ephesians 1:1–2</i>	91
10.	<i>God's Trophies</i>	<i>Ephesians 1:3–14</i>	99
11.	<i>Victim or Victor?</i>	<i>Ephesians 1:15–23</i>	111
12.	<i>From Rags to Riches</i>	<i>Ephesians 2:1–10</i>	121
13.	<i>He Is Our Peace</i>	<i>Ephesians 2:11–22</i>	131
14.	<i>Excitement Over the Call</i>	<i>Ephesians 3:1–13</i>	141
15.	<i>The Reason for Prayer</i>	<i>Ephesians 3:14–21</i>	153
16.	<i>The Worthy Walk</i>	<i>Ephesians 4:1–16</i>	163
17.	<i>Renewed in the Spirit of Your Mind</i>	<i>Ephesians 4:17–32</i>	175
18.	<i>Children of Our Father</i>	<i>Ephesians 5:1–14</i>	187
19.	<i>Victory in Evil Days</i>	<i>Ephesians 5:15–21</i>	199
20.	<i>Spirit-filled Relationships</i>	<i>Ephesians 5:22–6:9</i>	209
21.	<i>Gear Up!</i>	<i>Ephesians 6:10–24</i>	221

LESSON 1

The Authority of Our Call

Galatians 1:1–5

FIRST DAY: Introduction

1. Have you ever felt defeated as a Christian? Has your association with Jesus ever seemed like a duty rather than a delight, a burden rather than a blessing, or rules rather than relationship? Then you understand what the Galatians were experiencing. False teachers had come into the churches in Galatia and convinced the believers that walking with Jesus was not enough. These teachers insisted that the Galatians adhere strictly to the rules and regulations of the Mosaic law. The Galatians' faith was teetering under this tyranny. Paul wrote to them explaining the power, sufficiency, and superiority of the gospel of Jesus Christ. Simple faith in the testimony of Jesus would do for the Galatians what the law never could. This epistle written to the Galatians will establish our faith firmly in the gospel. It will teach us how to walk in the Spirit, and that walk will become delightful, blessed, and fruitful. Read Galatians 1:1–5 and record something from these verses that ministers to you:
 - a. Galatians 1:1
 - b. Galatians 1:2–3
 - c. Galatians 1:4–5

2. As we begin this study on being a woman who walks in the Spirit, ask the Lord to prepare your heart to comprehend, receive, believe, and apply the glorious truths He will show you. Write your prayer here.

*Grace to you and peace from God the Father
and our Lord Jesus Christ.*

GALATIANS 1:3

SECOND DAY: Background of Galatians

Problems in Galatia:

1. Men known as Judaizers had visited the churches in Galatia. They questioned the authenticity of Paul's apostleship and told the people that faith in Jesus was not enough. They laid the heavy burden of Mosaic law upon the converts. The believers in Galatia began to wither under the heavy regulations of the law. The Judaizers assumed authority over them and tried to dominate the churches. All sorts of issues arose from focusing on the law instead of the gospel of grace. The believers tried in vain to please God in their flesh (their works), rather than by simple faith in Jesus Christ. The result was catastrophic—no joy, no freedom, no love, and no fruit!
 - a. Describe a time you felt like the Galatians.
 - (1) What do you think was the cause?

Purpose for Writing:

2. Paul wrote this epistle to the Galatians to assure them of both his divine call by Jesus Christ and the superiority of the gospel. Paul desired these believers to have a fruitful experience by walking in the Spirit. Throughout this letter Paul contrasts the walk of the flesh (by rules and regulations) with the superiority of walking in the Spirit.
 - a. Use Romans 8:1–3 to explain why a walk in the Spirit is superior to the law.

 - b. Why do you desire to walk in the Spirit?

THIRD DAY: Read Galatians 1:1

1. The opening verse of Galatians introduces us to the author. What title does Paul give himself in Galatians 1:1a?
 - a. In Greek, this title means *one sent forth*. Use Acts 13:2–5 to comment on how Paul (Saul) was *sent forth*.

 - b. Paul's authority was not from his title, but from the source of his apostleship. Use Galatians 1:1 to describe the power behind his authority.

c. Read the following Scriptures and record what you find significant about Paul:

(1) Romans 1:1

(2) Titus 1:1

(a) What do these self-descriptions denote about Paul?

(b) How is Paul an example to you?

2. According to Galatians 1:1b, the apostleship of Paul was *not from _____ nor through _____*.

a. Why do you think it was necessary for him to clarify this?

3. In contrast, who did Paul say his apostleship came *through*? Galatians 1:1c

a. Knowing the source of Paul's apostleship, why is this epistle so important to study?

4. How can you make God your authority?

FOURTH DAY: Read Galatians 1:2

1. Who was with Paul when he wrote to the Galatians? Galatians 1:2a
 - a. How does this strengthen the authority of this epistle?

2. According to Galatians 1:2, to whom did Paul address this letter?

3. Galatia was not a city, but a region in Asia Minor. Paul visited several cities in this region on his missionary journeys. Use the map below and the following Scriptures to comment on Paul's experiences in Galatia:



a. Acts 13:14–15, 48–52

b. Acts 14:1–7

c. Acts 16:1–6

d. Acts 18:23

4. Why might Paul's experiences in Galatia be important to keep in mind as you study this book?

5. Why do you think Paul felt a need to write to these churches?

FIFTH DAY: Read Galatians 1:3–5

1. With what two blessings did Paul greet the Galatian believers?
Galatians 1:3a
 - a. According to Galatians 1:3b, *from* whom do these blessings come?
 - (1) Use 2 Corinthians 9:8 and Hebrews 12:28b to help you define *grace*.
 - (2) Remark on what you learn about God's *peace* from John 14:27.
 - b. How does this greeting minister to you?
 - c. Share a way you have been blessed by:
 - (1) God's *grace*
 - (2) God's *peace*

2. From Galatians 1:4a what did Jesus do?
 - a. Express what this truth means to you.

3. Why did Jesus do this? Galatians 1:4b
 - a. How should this knowledge affect your perspective? See Philippians 2:15–16.

4. *According to* whose *will* did Jesus do all this? Galatians 1:4c
 - a. What does this convey about the *will* of God?

5. Write the closing words of Paul's greeting. Galatians 1:5
 - a. Considering what God has done for you, how do you desire to bring Him *glory*?

LESSON 2

The Power of the Gospel

Galatians 1:6–24

FIRST DAY: Review and Overview

1. What thought, phrase, or verse from the last study ministered to you?

2. Testimonies are powerful witnesses to the authority of Jesus Christ in our lives. Paul used his own testimony and the dramatic transformations God wrought in him to underscore his divine authority. Let Paul's testimony inspire you to recall God's work in your own life and the authority you have in Christ. Write a title for the following Scriptures we will be studying:
 - a. Galatians 1:6–10

 - b. Galatians 1:11–14

 - c. Galatians 1:15–17

 - d. Galatians 1:18–24

3. Before you begin digging into this study, write a prayer asking the Lord to speak to you through His Word.

When it pleased God, who separated me from my mother's womb and called me through His grace to reveal His Son in me.

GALATIANS 1:15–16A

SECOND DAY: Read Galatians 1:6–10

1. Why did Paul *marvel*? Galatians 1:6a
 - a. Remark on the fact that they did this *so soon*. See also Psalm 106:12–13.
 - b. What were the Galatians *turning* to? Galatians 1:6b–7a
 - (1) Read 1 Corinthians 15:1–4 and summarize the true *gospel*.
 - (2) Why do you think they were tempted to receive a *different gospel*?
2. What were *some* doing? Galatians 1:7b
 - a. The word *pervert* can also be translated *distort* or *turn around*. Why is this a danger?

- (1) How can you avoid falling prey to this danger? See Acts 17:11 and 2 Corinthians 11:3–4.
3. According to Galatians 1:8, who did Paul pronounce *accursed*?
- a. What does this express concerning any alteration to the gospel? See Revelation 22:18–19.
4. Paul reiterated his warning in Galatians 1:9. Why do you think he did this?
5. Use your own words to write the questions Paul posed in Galatians 1:10a.
- a. What did Paul say would happen if he *still pleased men*? Galatians 1:10b
- (1) How does this distinction speak to you? See Luke 16:13 and James 4:4.
- (2) What qualities should be evident in a true *bondservant of Christ*?
- (a) Write a prayer here asking God to work these qualities in you.

THIRD DAY: Read Galatians 1:11–14

1. According to Galatians 1:11, what did Paul desire to *make known to* the Galatian believers?

2. Use Galatians 1:12 to cite the origin of the *gospel* that Paul preached.
 - a. According to Romans 1:16–17, why is the *gospel* so important?

3. From Galatians 1:13–14 summarize Paul's *former conduct in Judaism*.
 - a. Use the following Scriptures to describe Paul's zeal:
 - (1) Acts 8:3

 - (2) Acts 9:1–2

 - (3) Philippians 3:5–6

- b. What is your impression of Paul from this testimony?
 - c. What do the divine transformations in Paul's life affirm about the *gospel* he received?
4. Share a way the *gospel* has transformed your life.

FOURTH DAY: Read Galatians 1:15–17

1. List two things that *it pleased God* to do for Paul according to Galatians 1:15:
 - a.
 - b.

(1) What influence have these two things had on your life?
2. According to Galatians 1:16a, what did God *reveal* in Paul?
 - a. What was Paul to do with this revelation? Galatians 1:16b

b. Christ has been revealed in you even as He was in Paul!
Use the following Scriptures to comment on Christ in you:

(1) Romans 8:10–11

(2) 1 Corinthians 3:16

(3) Colossians 1:27

(4) 1 John 4:4

c. Comment on how Paul responded to this revelation.
Galatians 1:16c–17

3. What is your response to the glorious revelation of Christ in you?

FIFTH DAY: Read Galatians 1:18–24

1. From Paul's testimony in Galatians 1:18–24, answer the following questions:
 - a. What did Paul do *after three years*? Galatians 1:18
 - (1) What do you think God was working in Paul during those *three years*?
 - (2) How has God used times of waiting in your life?
 - b. Who did Paul *see*? Galatians 1:18–19
 - c. What did Paul affirm *concerning the things* he wrote? Galatians 1:20
 - d. What did Paul do *afterward*? Galatians 1:21

e. Although he was *unknown by face*, what were people saying about Paul? Galatians 1:23

(1) How did the believers respond to this news? Galatians 1:24

(2) What was so remarkable about Paul's testimony?

(3) What does this communicate to you about the power of a personal testimony?

2. Why is it important to glorify God for what He has done in another person's life?

a. Take a moment to glorify God for the way He has worked or is working in the life of someone you know.

SIXTH DAY: Review

1. Use the following verses from Galatians 1 to comment on Paul's ministry:
 - a. verse 1
 - b. verses 10–12a
 - c. verse 16b
 - d. verse 24
2. In what way do these Scriptures minister to you about pleasing God?

The gospel ... came through the revelation of Jesus Christ.

GALATIANS 1:11–12

PERSONAL NOTES
